



**PORTUGUESE  
BISTRO**

**Other services**

Catering for office finger-lunches.  
Anniversaries, Birthdays, Kitchen-teas or any other special occasions.

Please phone Duarte on 082 909 6969 for bookings .

Free wifi available   Like us on facebook

**011 781 3297 | www.cafeduarte.co.za**

**PEQUENO ALMOÇO - BREAKFAST**

Available all day \*\* Eggs are available fried, scrambled or poached \*\* Avocado (Seasonal)\*\*

<b>DEMI</b> 1 egg, bacon, roasted tomatoes & toast.	<b>45</b>
<b>GINO</b> 2 eggs, bacon , Café D beef burger patty, grilled mushrooms, roasted tomatoes & toast.	<b>108</b>
<b>BREAKI BRUSCHETTA</b> Chargrilled ciabatta topped with our sweet tomato relish, smokey Chouriço and a poached egg.	<b>75</b>
<b>3 EGG OMELETTE</b> 3 Egg omelette served with toast.	<b>54</b>
<b>Add a Filling:</b> Savoury Mince <b>38</b> Chouriço <b>32</b> Chicken Mayo <b>45</b> Grilled chicken <b>45</b> Bacon <b>35</b> Smoked Salmon <b>55</b> Paio <b>32</b> Avo <b>28</b> Grilled mushrooms <b>28</b> Roasted red peppers <b>9</b> Olives <b>11</b> Tomato <b>9</b> Fried onion <b>9</b> Mozzarella <b>22</b> Cheddar <b>22</b> Feta <b>18</b> Spinach <b>9</b>	
<b>SALMON, AVO AND EGG</b> 3 scrambled eggs, fresh avo, cream cheese, dill & salmon served with rye.	<b>108</b>
<b>RUSTIC EGGS BENEDICT: PAIO: R 95 SALMON: R 120 FLORENTINE: R 88</b> Poached egg topped on paio / salmon / spinach served on 2 hash browns, with a generous drizzle of homemade hollandaise sauce & roasted tomatoes.	
<b>FRENCH BANANA BREAD</b> Generous portion of seasoned banana French toast layered with crispy bacon, drizzled in golden syrup.	<b>62</b>
<b>CAFÉ D</b> 2 eggs, Chouriço, baked beans, mushrooms, crispy hash brown, roasted seasoned tomatoes & toast.	<b>108</b>
<b>CAFÉ D TOPPER</b> Chargrilled bruschetta topped with our famous savoury mince & a poached egg, finished off with a sprinkle of parmesan cheese.	<b>85</b>
<b>SMASHED AVO AND EGG</b> Chargrilled homemade rye topped with smashed avocado, roasted seasoned tomatoes & 2 poached eggs. <b>Add portion:</b> Bacon <b>35</b> Chouriço <b>32</b> Salmon <b>55</b> Mushrooms <b>28</b>	<b>65</b>
<b>PORTUGUESE CHOURICO &amp; SCRAMBLED EGGS</b> Pan fried Chouriço in olive oil tossed into 3 scrambled eggs, stacked on our Cafe' D toast, served with roasted, seasoned tomatoes.	<b>82</b>
<b>MUSHROOM &amp; SCRAMBLED EGGS</b> Pan fried seasoned mushrooms tossed into 3 scrambled eggs, stacked on our Cafe' D toast, served with roasted, seasoned tomatoes. <b>Add portion</b> of Avo <b>28</b>	<b>72</b>
<b>WAFFLE &amp; BERRIES</b> Homemade waffle topped with berry reduction & fresh cream.	<b>68</b>

REFRESHMENTS

HOT

DECAF ALSO AVAILABLE

Americano	<b>30</b>
Americano Cream	<b>35</b>
Cappuccino Cream	<b>42</b>
Cappuccino / Café D	<b>37</b>
Espresso / Double Espresso	<b>21</b>
Almond Cappucino	<b>42</b>
Soy Cappucino	<b>42</b>
Café Latte	<b>42</b>
Flavoured Latte	<b>45</b>
- Please ask for our variety	
Café Mocha	<b>49</b>
Nutella Hot Chocolate	<b>52</b>
Hot Chocolate	<b>47</b>
Milo	<b>47</b>
Tea	<b>25</b>
- Please ask for our variety	

<b>SMOOTHIE</b>	<b>52</b>
Mango	
Mixed Berry	
Peanut butter & banana	
<b>FRUIT CRUSHER</b>	<b>46</b>
Mango & Orange	
Red Berry	
Orange & Mint	
<b>GOURMET SHAKES</b>	<b>65</b>
Nutella	
Peanut butter & Banana	
Pasteis de nata	
<b>SHAKES</b>	<b>48</b>
Chocolate	
Strawberry Daiquiri	
Vanilla	

COLD

COCKTAILS & ON TAP

<b>SUPERBOCK 500ml</b> Imported from Portugal	Single	Double
	<b>58</b>	<b>110</b>
<b>CATEMBA</b> Red Wine & Coca Cola	<b>48</b>	<b>92</b>
<b>MIMOSA</b> Champagne & orange juice topped with grenadine		<b>65</b>
<b>STRAWBERRY DAIQUIRI</b> White rum, strawberry liqueur & strawberry juice		<b>85</b>
<b>MOJITO</b> White rum, mint, lemon & soda water		<b>68</b>
<b>COSMOPOLITAN</b> Vodka, Cointreau, lime and cranberry juice		<b>68</b>
<b>LONG ISLAND ICE TEA</b> Gin, vodka, tequila, white rum, triple sec, lemon juice topped with Coca Cola		<b>88</b>
<b>LONG ISLAND CRANBERRY ICE TEA</b> Gin, vodka, tequila, white rum, triple sec, lemon juice topped with Cranberry juice		<b>88</b>
<b>MARGARITA</b> Tequila, Cointreau & lime		<b>75</b>
<b>TOM COLLINS</b> Gin, lemon juice, soda water		<b>62</b>
<b>COOL CUCUMBER</b> Tanquary Gin, fresh cucumber slices, fresh mint leaves topped with tonic water		<b>75</b>

WHITE WINE

<b>Durbanville Hills Sauvignon Blanc</b> Medium bodied wine with subtle citrus and tropical fruit	Bottle	Glass
	<b>195</b>	<b>65</b>
<b>Dao Grao Vasco</b>	<b>195</b>	
<b>One grape Sauvignon Blanc</b> - Citrus infused cherry blossom, with a splash of passion fruit	<b>120</b>	<b>48</b>
<b>Pouca Ropa Sauvignon Blanc</b>	<b>170</b>	
<b>Casal Garcia</b> - Portuguese Vinho Verde	<b>180</b>	
<b>One Grape Semi sweet</b> - Fruity passion fruit	<b>120</b>	<b>48</b>

ROSE WINE

<b>Mateus Rose'</b>	Bottle	Glass
	<b>220</b>	
<b>One Grape Dry Rose'</b> - Strawberry Swirl	<b>120</b>	<b>48</b>
<b>One Grape Sweet Rose'</b> - Raspberries and blueberries melting in your mouth	<b>120</b>	<b>48</b>

RED WINE

<b>Durbanville Hills Merlot</b> - Ripe berries & dark chocolate mint	Bottle	Glass
	<b>195</b>	<b>70</b>
<b>Casa Portuguesa</b>	<b>195</b>	
<b>Dao Meia Encosta</b> - Intense, aromatic & spicy	<b>175</b>	
<b>Dao Grao Vasco</b>	<b>195</b>	
<b>One Grape Red Blend or Merlot</b> - Citrus infused or chocolate strawberry	<b>120</b>	<b>48</b>

SPARKLING

<b>Pongracz Brut</b>	Bottle	Glass
	<b>195</b>	
<b>Durbanville Hills Sparkling Sauvignon Blanc</b>	<b>195</b>	<b>70</b>

SWEETS & EATS

Freshly Baked From Our Oven

<b>PANCAKES</b> VOVO'S - 3 pancakes rolled in cinnamon & sugar Nutella - 3 Pancakes stuffed with banana smothered in Nutella		<b>58</b>
		<b>72</b>
<b>WAFFLES</b> <i>Served with cream / ice cream</i> Plain <b>52</b> Nutella <b>68</b>	Mixed Berry Nutella & Banana	<b>68</b> <b>75</b>
<b>CAKES OF THE DAY</b> Please ask your waitron for our selection		<b>55</b>
<b>ICE CREAM &amp; HOMEMADE CHOCOLATE SAUCE</b>		<b>58</b>
<b>PASTEIS DE NATA</b>		<b>18</b>
<b>PANINI ROLL</b> Rye / White		<b>14</b>

## PÃO TOSTAS THICK CUT TOASTED SANDWICHES

Served with a Pereira salad, Steamed Vegetables or Hand- Cut Chips

RYE ROLL / THICK WHITE BREAD + FILLING

Cheese	50	Bacon, Egg & Cheese	80
Cheese & Tomato	60	Chourico & Mozarella	70
Paio (Ham) & Cheese	70	Mushroom, Onion & Mozarella	65
Bacon & Egg	70	Chicken Mayo	65

## BURGERS & PREGOS

Served with a Pereira Salad, Steamed Vegetables or Hand- Cut Chips

<b>BEEF BURGER</b>	120
Homemade 200 gram seasoned beef patty basted with bbq, stacked onto a Cafe D roll dressed with lettuce, tomato & creamy mayo dressing, topped with our onion ring.	
<b>Add On:</b> Cheddar <b>22</b> Bacon (3 slices) <b>35</b> Smashed avo <b>28</b> Sherry mushroom sauce <b>42</b>	

<b>CHICKEN BURGER</b>	99
Chargrilled chicken breast basted with spicy prego sauce, stacked onto a Cafe' D roll dressed with lettuce, tomato & creamy mayo dressing.	

<b>TRADITIONAL PREGO</b>	92
Marinated 100g prego style steak pan fried in garlic butter and trinchado sauce, tucked between our fresh homemade roll.	

<b>CHICKEN PREGO</b>	85
Chargrilled chicken breast basted in our spicy prego sauce, wedged between our fresh homemade roll.	

## SALADS

	SIDE	REGULAR
<b>PEREIRA</b>	48	72
Fresh greens, cherry tomatoes, cucumber & red onion, topped with carrot shavings.		
<b>CHICKEN CAESAR</b>	85	125
Tender chargrilled chicken strips tossed together with fresh greens, boiled egg, crunchy croutons & crispy bacon in our Caesar vinaigrette. Finished off with parmesan shavings.		
<b>SALMON</b>	90	135
Mixed lettuce, baby spinach, cucumber, micro greens, red onion, smoked salmon drizzled with apple cider vinegar & olive oil dressing.		
<b>BACON, AVOCADO &amp; FETA</b>	85	120
Grilled back bacon mixed with creamy feta, roasted cherry tomatoes, fresh greens & red onion. Lightly tossed in our creamy dressing topped with fresh avocado. (seasonal)		

## PETISCOS AND STARTERS

<b>TRIO COMBO</b> (2-4 people)	180
A healthy combination of our Chicken livers, Beef Trinchado & grilled Calamari, Available in peri-peri or plain.	
<b>CAFE DUARTE COMBO</b> (2-4 people)	170
Grilled calamari, Chourico & chunky fresh chips, Greek salad & garlic ciabatta .	
<b>FLAMBÉ CHOURIÇO</b>	78
Full chargrilled Chouriço finished off with a splash of brandy.	
<b>CRUMBED MUSHROOMS (V)</b>	68
Fresh mushrooms rolled in our secret spice & deep fried.	
<b>BEER BATTERED ONION RINGS</b>	56
<b>RISSOLES BASKET</b>	68
6 assorted mini Rissoles.	
<b>CHOURIÇO A LUZIA</b>	68
Pan fried Chouriço medallions served with round potato chips.	
<b>CHOURICO, SMASHED AVO WITH RED ONION &amp; TOMATO</b>	64
Pan fried Chouriço medallions, smashed avo, red onion & tomato	

## FAVOURITES

SIDES: Pereira Salad, Steamed Vegetables, Hand- Cut Chips, or Rosemary Potatoes

<b>VEGETABLE WRAP</b>	92
Fresh greens mixed with roast Butternut, Creamy feta and Café D relish.	
<b>CHICKEN PREGO WRAP</b>	98
Chargrilled Chicken strips tossed in our Prego sauce, layered with fresh tomatoes & greens, wrapped up with our zesty Guacamole.	
<b>CHICKEN ESPETADA</b>	96
Chargrilled skewered chicken breast layered with Onion and Red pepper & chargrilled Pineapple. Basted in spicy Prego sauce or Herbed butter.	
<b>SHERRY MUSHROOM CHICKEN</b>	98
Succulent chicken breast, crumbed & deep-fried until golden brown. Topped with our sherry infused mushroom sauce, served with any side.	
<b>BATTERED FISH &amp; CHIPS</b>	115
Healthy portion of crispy-coated hake served with our homemade coleslaw, tartar sauce & hand cut chips.	
<b>CHICKEN LIVERS</b>	78
Tender livers sautéed with onion & fine garlic, slowly simmered in red wine. Available plain or peri-peri	
<b>GRILLED CALAMARI</b>	85
Lightly grilled Calamari tubes, finished off with our Lemon butter sauce.	
<b>BEEF TRINCHADO</b>	88
Rump cubes & onion, shallow fried in butter with a hint of chilli & garlic, left to simmer in a white wine & fresh cream sauce until tender. Topped off with julienne carrots and marinated olives.	

Single +1 side  
78 115

85 117

88 120

## MASSA/PASTA

20% OFF ANY PASTA ON MONDAYS  
All Pasta's are hand-rolled to order.

<b>SEARED BEEF</b>	125
Beef Rump strips, pan fried in our creamy parmesan- trinchado sauce.	
<b>CHICKEN &amp; MUSHROOM</b>	115
Chargrilled chicken strips & sautéed mushrooms tossed in our parmesan - napolitana sauce.	
<b>MARINELA</b>	136
Prawns & calamari tubes sautéed in butter, served in our creamy parmesan & white wine sauce.	
<b>CABONARA</b>	105
Fresh homemade fettuccine pasta lightly tossed in our royal sauce served with crispy Chouriço chunks and fresh parmesan cheese.	
<b>BACON &amp; MUSHROOMS</b>	105
Grilled back bacon with mushrooms in a creamy white wine sauce.	

## MAINS

SIDES: Pereira Salad, Steamed vegetables, Hand- Cut Chips, or Rosemary Potatoes

<b>FLAMED FRANGO</b>	160
Flamed grilled whole baby chicken available peri- peri or plain.	
<b>BRAZILIAN ESPETADA</b>	198
300G of chunky rump cubes skewered with peppers, onions & chouriço, chargrilled to perfection.	
<b>MADEIRA ESPETADA</b>	180
300G of chunky rump cubes rubbed with pereira spice, chargrilled to your temp	
<b>CAFÉ D STEAK</b>	180
Tender 250g rump, topped with our mushroom trinchado sauce.	
<b>PORTUGUESE STEAK</b>	170
Chargrilled 250g rump, basted with our red pepper sauce , topped with a fried egg.	
<b>BEEF TRINCHADO</b>	170
Rump cubes & onion, shallow fried in butter with a hint of chilli & garlic, left to simmer in a white wine & fresh cream sauce until tender. Topped off with julienne carrots and marinated olives.	
<b>MARINE COMBO</b>	205
Generous portion of grilled Calamari tubes and grilled Hake, served with Tartar sauce and slaw.	
<b>PRAWNS CAFÉ D STYLE</b>	220
6 king size Prawns grilled in paprika, garlic, olive oil served with round potato chips and salad.	
<b>CALAMARI GRILLED</b>	175
Marinated & grilled with lemon garlic butter.	
<b>DUARTE COMBO</b>	205
1/2 Spring Chicken, Chouriço medallions & 3 Prawns.	
<b>PRAWN &amp; CALAMARI COMBO</b>	240
4 king size prawns with a starter portion calamari served with round potato chips & salad	